

8th Grade Health Disclosure

Miss Lindsay Baccus

Room: Portable #2 and #73

School Phone: 370- 4621 ext.1364 (Health classroom) and ext.1373 (PE office)

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Welcome to 8th grade Health! I am excited to assist you in your journey toward learning about yourself, the world around you, who you want to be and how you going to get there. I love health. I love learning about the human body, the mind and its abilities, the environment, and the impact of substances and diseases on the body. My goal is help student have the knowledge and skill set to make lifelong healthy choices.

Course Description: Health is a course that aims to cover the development of mental/emotional, physical, and social well-being. The focus of Health Education is to encourage and enable students to establish and achieve personal goals, which will contribute to a healthy lifestyle and lifelong wellness.

Course Overview: Our semester will introduce emotions and stress, goals setting, mental/emotional health, drugs and substance abuse, nutrition and physical fitness, basic anatomy and physiology, communicable and non-communicable diseases, human development, safety, first aid and CPR, and emergency preparedness. *Please be aware when we get to the Human Development unit the appropriate permission forms will be sent home at least two weeks prior to beginning the unit.*

Course Materials:

Suggested

- Reading book (this can be from other classes or personal interest)
- Pencil/Pen
- Folder with pockets

Major Assignments:

- In class worksheets/assignments
- Presentations (Individual/Group)
- Tests and Projects
- Homework Assignments

Grading:

A=	93-100%	C+=	77-79%	D-=	60-62%
A-=	90-92%	C=	73-76%	I =	Below 59%, Incomplete/No credit given
B+=	87-89%	C-=	70-72%		
B=	83-86%	D+=	67-69%		
B-=	80-82%	D=	63-66%		

All student will have the opportunity to rework and correct all assignments, quizzes, tests, and projects for full points.

***Citizenship is graded based on a student's ability to follow classroom rules and turn in required work on time. I am very aware that each student is unique and may require more time to complete work, this accommodation will be applied as needed.**

Policies:

Grading Policy: Students who score lower than 60% on assignments or tests can retake them **WITHIN ONE WEEK DURING** plus time or after-school.

Late Work: Students are expected to be prepared for class. Class work will generally be completed in class but, occasionally there will be homework. If work is handed in late, the assignment will lose 10% each day it is turned late down to 50%.

Absences: Attendance is vital for our class. I have the expectation that you will be in the classroom and in your seat by the time the tardy bell rings. If you miss class you have the responsibility to go to the “Absent” box and read the class log to find out what you missed. If there was class work or homework assigned it can be found in the homework folder. You have 10 days from the date you return to school to complete all assignments missed in your absence for full credit after the tenth day the late work policy is in affect.

Students with Disabilities:

If you have any disability that may keep you from successfully completing this course, please let me know. Academic accommodations are granted for all students who have qualified, documented disabilities. Services are coordinated with the student and instructor through the main office.

Behavior Management:

Miss Baccus’ Rules & Class Management

- 1. Participate:** Be on task and follow directions immediately
- 2. Punctual:** Be in your seat with materials when the bell rings
- 3. Polite:** Use appropriate, positive language (no teasing, put-downs, or swearing)
- 4. Personal Space:** Keep hands, feet, and objects to yourself
- 5. Persevere:** Keep trying even when it’s hard

The following procedure will occur if a student breaks any of the classroom rules and/or expectations.

First time, you will receive a **Warning** from Ms. Baccus, you will sign the **Black Book**.

Second time, 5 minutes in the “Think Chair” and you will stay after class to visit with Ms. Baccus.

Third time, 10 minutes in the “Think Chair” and you will be required to **write a 1 page behavior** reflection paper due back signed by a parent/ guardian in **24 hours** (the next day you have class). If the behavior essay is not returned you will call home during class with Miss Baccus.

Fourth time, you will be given a lunch detention, which must be completed during the very next lunch.

Fifth time, you will receive an after school detention and a phone call home to your parents.

Sixth time, you will receive one full day in ISS.

Seventh time, you will receive 2 days of ISS and/or a parent/teacher conference.